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From: Detective Lieutenant Scott M. McDonald #2760, Commandant, State Police Academy

To: 86th Recruit Training Troop Candidates

Subject: 86th Recruit Training Troop – Equipment List

1. Each trainee will be responsible for the purchase or procurement of the equipment listed below. Items on this list will be brought to the Academy on May 24, 2021. It is imperative that you bring with you only the items which you see on this list.

1. One (1) pair of shower shoes (Croc® style shoes with back strap; no exposed toes or thong-type sandals)
2. Toiletry articles (contained in a 1-gallon clear zip-lock bag)
 - Females: Place feminine hygiene items in a separate clear zip-lock bag
3. Four (4) bath towels (solid white color)
4. Six (6) pair athletic socks (color solid white, crew length)
5. Six (6) pair running socks (color solid white, ¼ crew length)
6. Laundry bag (color white, mesh) (the bag shall not contain any wire)
7. One (1) swimsuit, navy
 - Females – one-piece suit
 - Males – boxer type
8. One (1) pair of cross training shoes (examples and guidance on footwear to be given at orientation)
9. One (1) pair of running shoes (examples and guidance on footwear to be given at orientation)
10. Ten (10) undershorts, color white
11. Ten (10) undershirts, V-neck, color white
12. Females only: Ten (10) athletic brassieres, color white
13. Three (3) ball point pens with black ink
14. One (1) permanent black marker
15. One (1) laundry marker (Rub-a-Dub® style)
16. One (1) white indelible ink marker
17. Four (4) sweatpants, color heather gray, with pockets, no logo
18. Four (4) sweatshirts, crew neck, color heather gray, no logo, no hoods
19. Five (5) pair of compression shorts, black
20. Five (5) cotton gym shorts, color heather gray, with pockets, no logo
21. Eight (8) crew neck t-shirts, heather gray, no logo
22. One (1) package of fifty (50) 3x5 index cards

23. One (1) toiletry bag, color black (empty, capable of holding toiletry items) (all razors and razor blades will be placed in a clear plastic bag)
24. One (1) extra-large canvas top load duffle bag, color black or navy
25. \$10.00 cash for a haircut
26. Trainee manual (will be provided at orientation session)
27. Any required, prescribed medications in original labeled prescription bottle (contained in a clear plastic bag)
28. Lock box Small, (4 x 12 x 8) capable of securing valuables (wallet, medication, etc.)
29. One (1) 8 1/2 x 11, one-subject notebook, spiral bound, blue cover, college ruled, 100 perforated sheets
30. One (1) 12" ruler, wooden
31. One (1) pair of multi-sport, black gloves for outdoor physical training. Logo, if any, will be discrete.
32. One (1) pair of range style boots, solid in color.
33. One (1) copy of Massachusetts RMV Driver's Manual (obtain at the RMV for \$5.00)
34. All assigned learning material issued at orientation.

2. The above items will be packed into the canvas military style duffle bag (Item 24). These items are available at any large retailer, Army/Navy Store, or at numerous sites online. The duffle bag will be brought to the Academy on Day One of the training program by the trainee. All fragile or breakable items listed above must be protected against breakage within the duffle bag. The duffle bag will not have any wheels, hard plastic handles, or contain any rigid structure. The duffle bag will be marked, **Last Name, First Initial**, with block letters 3" in height that are visible on the outside of the duffle bag while being carried.

3. The gray PT sweatshirts and PT t-shirts will be marked in the following manner:
- a. The back and front of the sweatshirts and t-shirts will be handwritten in **permanent, black, magic marker** with:

LAST NAME, FIRST INITIAL.

(Example: **SMITH, R.**)

- b. Letters will be black, 2" in height on the back, 1" in height on the front.
- c. Upper case, block style.
- d. The name will be centered.
- e. The top edge of the letters shall be 6 inches down from the lowest point of the crew neck seam.

4. All other items on the check list will be labeled in an inconspicuous location in black, permanent ink as follows:

Last Name, First Initial.

(Example: **Smith, R.**)

5. Read the above instructions carefully. Any questions about this equipment list will be answered at the orientation session.